

SCC Pool Schedule

• SUNDAY

8:00 AM–1:00 PM..... Open Swim (men)
11:00 AM–1:00 PM..... Father/Child Coed Swim

1:00–6:30 PM..... Open Swim (women)
3:30–6:30 PM..... Mother/Child Coed Swim

6:30–9:00 PM..... Open Swim (men)

• MONDAY

6:30–9:00 AM Early Bird Swim (men)

9:00 AM–1:00 PM..... Open Swim (women)
12:00–12:45 PM..... Water Exercise (women)

3:30–5:00 PM Private Swim Classes

5:00–9:00 PM..... Open Swim (women)
6:00–7:00 PM..... Mother/Child Coed Swim

• TUESDAY & THURSDAY

6:30–9:00 AM Early Bird Swim (men)

9:00 AM–1:00 PM..... Open Swim (women)
12:00–2:00 PM (Tues. only)..... Swim Classes (Nursery)

3:15–4:00 PM (Thurs. only)..... Small Fry Swim

3:30–5:00 PM Private Swim Classes

5:00–6:00 PM..... Lap Swim (men)

6:00–10:00 PM Open Swim (men)
6:00–7:00 PM..... Father/Child Coed Swim

• WEDNESDAY

6:30–9:00 AM Early Bird Swim (men)

9:00 AM–1:00 PM..... Open Swim (women)
11:00–11:45 AM..... Water Exercise (women)

3:30–5:00 PM Private Swim Classes

5:00–9:00 PM..... Open Swim (women)
6:00–7:00 PM..... Mother/Child Coed Swim

• FRIDAY

6:30–9:00 AM Early Bird Swim (men)

9:00 AM–2:00 PM..... Open Swim (women)

2:00–4:00 PM Private Swim Classes

3:00–4:30 PM Waterpolo Classes

• CLOSED SATURDAY

Men's Hours

Women's Hours

updated 4/2/10

SCC Pool Schedule

MEN'S HOURS

•SUNDAY

8:00 AM–1:00 PM Open Swim
11:00 AM–1:00 PM Father/Child Coed Swim
6:30–9:00 PM Open Swim

•MONDAY & WEDNESDAY

6:30–9:00 AM Early Bird Swim

•TUESDAY & THURSDAY

6:30–9:00 AM Early Bird Swim
5:00–6:00 PM Lap Swim
6:00–10:00 PM Open Swim
6:00–7:00 PM Father/Child Coed Swim

•FRIDAY

6:30–9:00 AM Early Bird Swim

•CLOSED SATURDAY

WOMEN'S HOURS

•SUNDAY

1:00–6:30 PM Open Swim
3:30–6:30 PM Mother/Child Coed Swim

•MONDAY

9:00 AM–1:00 PM Open Swim
12:00–12:45 PM Water Exercise
5:00–9:00 PM Open Swim
6:00–7:00 PM Mother/Child Coed Swim

•TUESDAY & THURSDAY

9:00 AM–1:00 PM Open Swim

•WEDNESDAY

9:00 AM–1:00 PM Open Swim
11:00–11:45 AM Water Exercise
5:00–9:00 PM Open Swim
6:00–7:00 PM Mother/Child Coed Swim

•FRIDAY

9:00 AM–2:00 PM Open Swim

•CLOSED SATURDAY