

PAPER MACHE BOWLS



Tools

❖ Plastic Bowl



❖ Saran Wrap



❖ Strips of Newspaper/Magazine

❖ Strips of Tissue Paper



❖ Flour



❖ Water



❖ Salt



Step 1:

Let's make the paper mache paste!

Mix in a plastic bowl 2 cups of water and 2 cup of flour. Mix it with a whisk until it's totally smooth and there's no lumps or bumps.

Then sprinkle in 6 tablespoons of salt and whisk it really well. The salt will help stop any mold from growing on the bowl.



Step 2:

Put that aside and set up your workspace.

Cover whatever you're working on with a plastic tablecloth or huge garbage bag so you can just throw it all in the garbage for an easy clean up.

Take the plastic bowls you're going to use to "mold" your paper mache bowl on and cover the whole back of it with saran wrap. Make sure to have saran wrap hanging on all sides of the top of the bowl so it's easy to pull your bowl off when it's dry.



Step 3:

Let's make our newspaper bowl!

Dip one strip of newspaper at a time into the paper mache paste. Taking the wet strip, wrap it around the saran wrap. Keep going until you covered the whole bowl with one later and you have a “bowl” made out of newspaper. Do this until you have 5-6 layers of newspaper layered on each other.

Leave it outside on a garbage bag to drip dry for 24 hours.



Tissue Paper Note:

When doing the tissue paper bowl, the tissue paper is much thinner than newspaper so it will rip easily when it gets wet from the paste so work carefully.

If you want to make a pattern with the tissue paper, work with the lightest colors first, because the darker colors will change the color of the paste once it gets wet. So if you're doing yellow and red, do all the yellow first, because once you dip the red, the paste will start to become reddish colored.

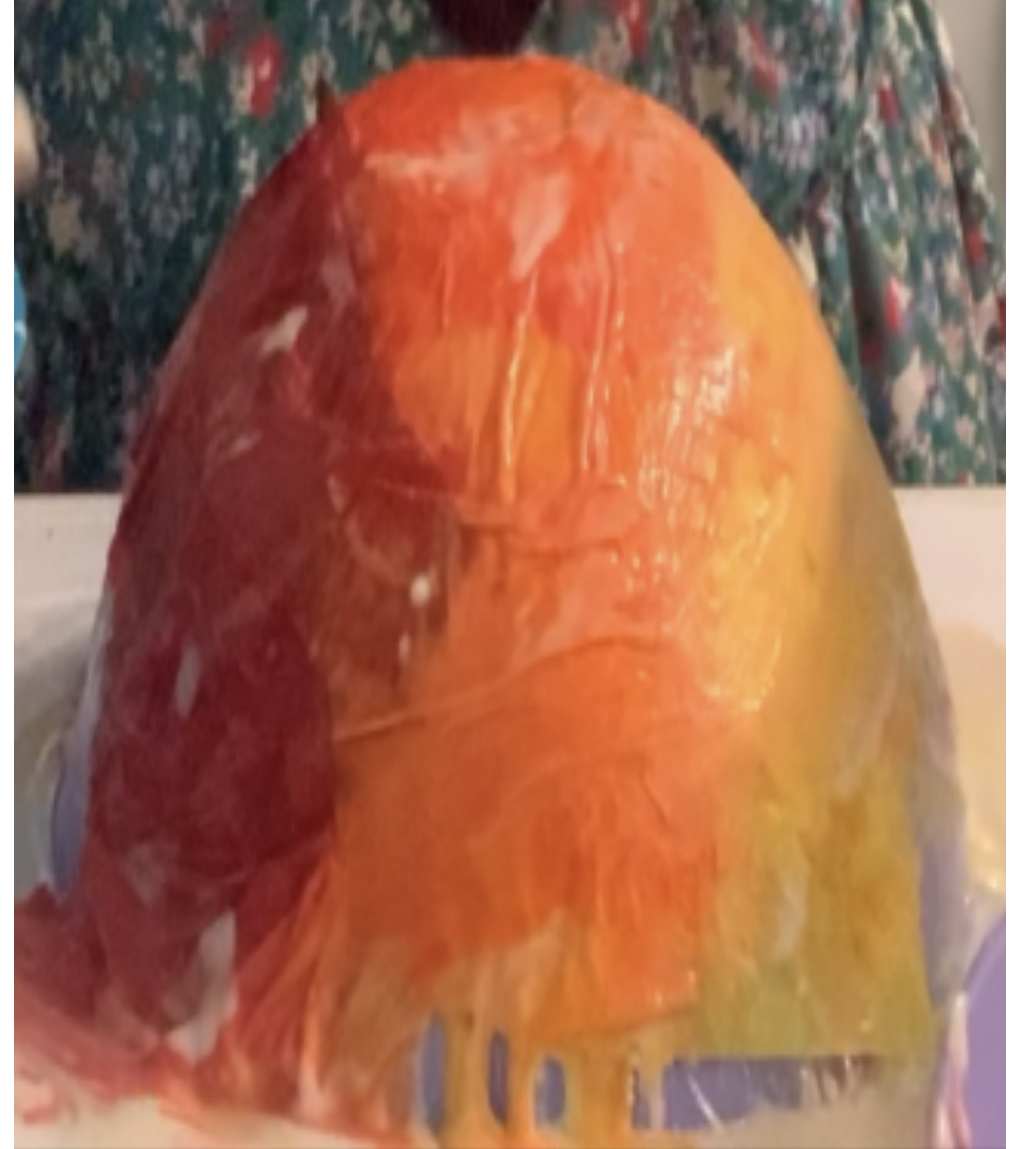
Wearing gloves is optional for the newspaper project, but definitely wear gloves when you're using the tissue paper because wet tissue paper will make your hands the same color as the tissue paper color.

Step 4:

Let's make our tissue paper bowl!

Dip one strip of tissue paper at a time into the paper mache paste. Taking the wet strip, wrap it around the saran wrap. Keep going until you covered the whole bowl with one later and you have a “bowl” made out of tissue paper . Do this until you have 5-6 layers of tissue paper layered on each other.

Leave it outside on a garbage bag to drip dry for 24 hours.



Step 5:

24 hours later...your bowls should be totally dry now! If not, let them sit longer until totally dry to the touch.

Carefully lift the saran wrap up from the sides of the bowls and pull on it, going around the bowl and pulling up each side a little.

After loosening the saran wrap, pull gently and the bowl should come loose. You might break it a little, but it's okay because we will cut it into a better shape!

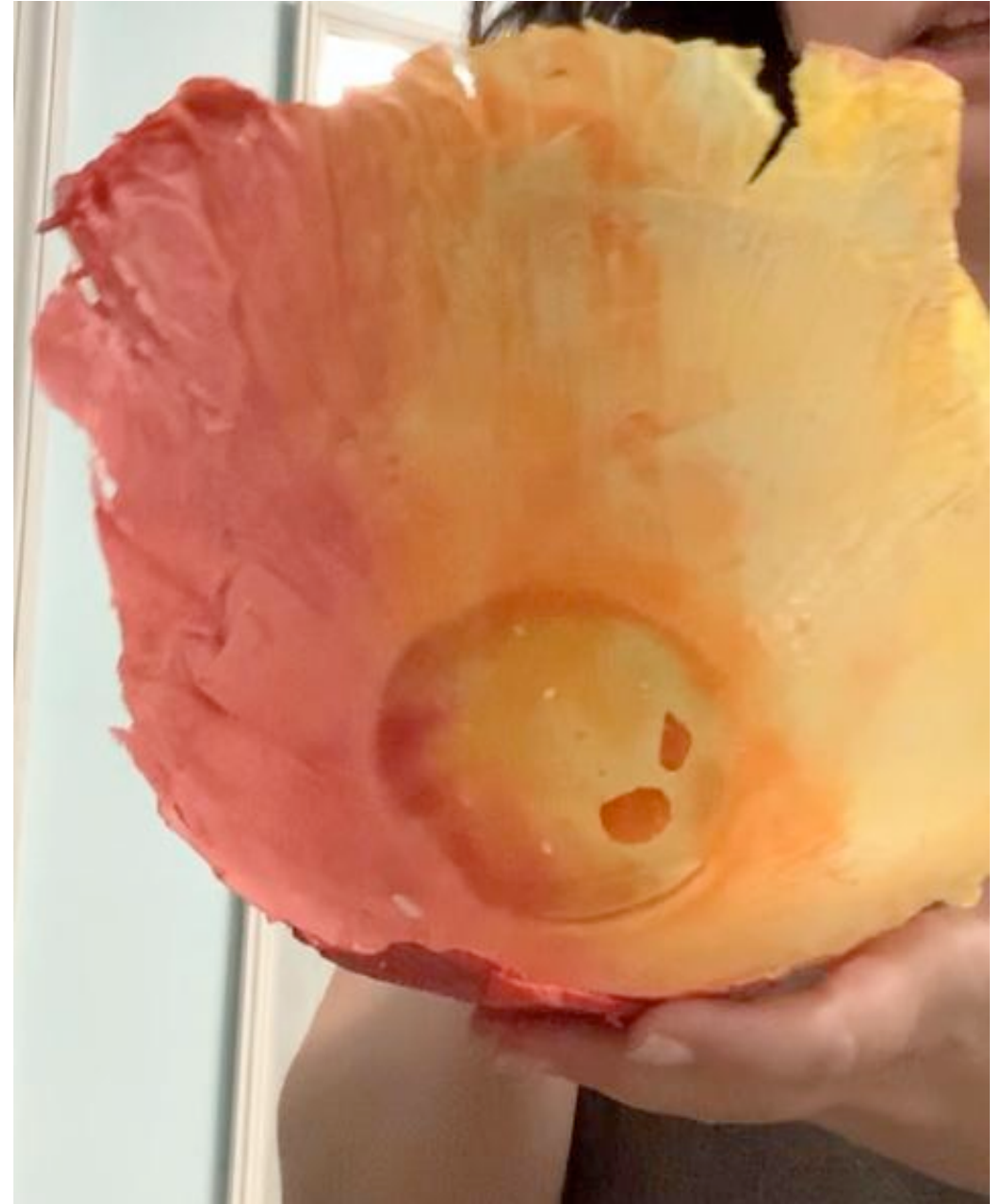


Step 6:

Your bowl is going to have a weird shape at the top because of how the paper dried. It may also have crumbled a little once you got it loose and took the saran wrap off.

Using a scissor, cut off the extra from the bowl and even out the top so it looks better.

If you want to paint the newspaper bowl so it's colorful, you can do that now and let it dry for another 24 hours before using it. Use the bowls for anything fun but not food! 😊



Let's see your masterpiece! 😊

