

# POOL SCHEDULE 2020/2021

Effective September 30, 2020

Pool Hours subject to change

The pool has reopened on an appointment basis, only, and at a limited capacity. We are strictly adhering to all New York City and New York State regulations – as well as closely following all CDC safety guidelines. **Children's hours (under 16) are not being offered at this time.** Schedule subject to change.

*BOOK YOUR SWIM: [SCCLive.org/Pool](https://www.scclive.org/Pool) or (718) 627-4300 for seniors*

*LEARN WHAT TO EXPECT: [SCCLive.org/Reopen](https://www.scclive.org/Reopen)*

**Please employ common sense hygiene practices and maintain six feet of social distancing.**

## Sundays

8:00 AM to 12:55 AM | Men's Adult Swim

1:00 PM to 5:55 PM | Women's Adult Swim

6:00 PM to 9:15 PM | Men's Adult Swim

## Mondays and Wednesdays

6:30 AM to 8:55 AM | Men's Adult Swim

9:00 AM to 1:05 PM | Women's Adult Swim

12:15 PM to 1:00 PM | Women's Aquarobics

5:00 PM to 9:05 PM | Women's Adult Swim

## Tuesdays and Thursdays

6:30 AM to 8:55 AM | Men's Adult Swim

9:00 AM to 1:05 PM | Women's Adult Swim

5:00 PM to 9:55 PM | Men's Adult Swim

## Fridays

6:30 AM to 8:55 AM | Men's Adult Swim

9:00 AM to 1:05 PM | Women's Adult Swim

## Saturday Nights

Seasonally, starting November 7

## Pool Rules

- Swimmers must shower before using the pool
- Swimming caps must be worn. We have caps and goggles for sale
- No street shoes allowed in the pool area
- No food or drinks on the pool deck
- No visitors may wait on the pool deck
- Lockers are available for daily use but must be cleared out following each visit
- The Center reserves the right to one lane for swim instruction, at any time

The Center is enforcing new protocols and guidelines in adherence to CDC and state regulations and in order to protect the health and safety of our members.

*Please review all guidelines at [SCCLive.org/Reopen](https://www.scclive.org/Reopen) before your visit.*

Individual appointments are 45-minutes long.  
*Visit [scclive.org/pool](https://www.scclive.org/pool) for detailed schedule*

**Failure to follow all pool rules  
may lead to a suspension  
of member privileges.**