

# 2021-22 POOL SCHEDULE

EFFECTIVE THROUGH JUNE 2022 *Pool schedule subject to change.*

## SUNDAYS

8:00 AM – 12:55 PM | Men's Adult Swim, ages 16+

11:00 AM – 12:55 PM | Men's Open Swim & Father/Child Co-ed Swim (*girls must be 6 and under*)

1:00 – 3:30 PM | Women's Adult Swim, ages 16+

3:30 – 6:25 PM | Women's Open Swim & Mother/Child Co-ed Swim (*boys must be 6 and under*)

## MONDAYS & WEDNESDAYS

6:30 – 8:55 AM | Men's Adult Swim, ages 16+

9:00 AM – 12:55 PM | Women's Adult Swim, ages 16+

12:00 – 12:45 PM | Women's Water Exercise Class

1:00 – 5:00 PM | Reserved for Instructional Swim, School Rentals

5:00 – 6:00 PM | Men's Adult Swim, ages 16+

6:00 – 8:00 PM | Men's Open Swim & Father/Child Co-ed Swim (*girls must be 6 and under*)

8:00 – 10:00 PM | Men's Adult Swim, ages 16+

**KEY** Co-ed Swim: ages 6 and under  
Adult Swim: ages 16+  
Open Swim: any age

## TUESDAYS & THURSDAYS

6:30 – 8:55 AM | Men's Adult Swim, ages 16+

9:00 AM – 12:55 PM | Women's Adult Swim, ages 16+

1:00 – 5:00 PM | Reserved for Instructional Swim, School Rentals

5:00 – 6:00 PM | Women's Adult Swim, ages 16+

6:00 – 8:00 PM | Women's Open Swim & Mother/Child Co-ed Swim (*boys must be 6 and under*)

8:00 – 9:30 PM | Women's Adult Swim, ages 16+

## FRIDAYS

6:30 – 8:55 AM | Men's Adult Swim, ages 16+

9:00 AM – 12:55 PM | Women's Adult Swim, ages 16+

1:00 PM – Closing | Reserved for Instructional Swim

## SATURDAY NIGHTS

6:15 – 10:00 PM | Men's Adult Swim, ages 16+

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## CHILD SWIM INFO

◆ **ADULT SWIM** is reserved for those aged 16+ (and for swimming laps, only) – barring holiday exceptions.

◆ **CHILDREN AGES 10 AND OLDER** are permitted to swim unattended during select times during Open Swim, provided that they know how to swim on their own.

**GIRLS (ages 10+)** | SUN, 3:30–6:25 PM, TUE & THURS, 6:00–8:00 PM

**BOYS (ages 10+)** | SUN, 11 AM–12:55 PM, MON & WED, 6:00–8:00 PM

◆ **CHILDREN AGES 9 & YOUNGER** must swim with an adult at all times. See schedule for times.

*Parent/Child Co-ed Swim*

+ Children must be 6 years old and under to qualify for co-ed swim.

+ Children ages 3 and older of the opposite sex can change in the Family Changing Room, ONLY.

*There is no changing in the sauna or on the pool deck.*

*No food or drinks  
on pool deck. Street shoes  
of any kind forbidden  
in the pool area.  
Strictly enforced.*

*Failure to follow all pool rules  
may lead to a suspension of  
member privileges. The Center  
reserves the right to one lane,  
at any time, for swim instruction.*