

# MODIFIED POOL SCHEDULE

DURING MEN'S LOCKER ROOM CLOSURE

Effective through estimated reopening date of April 8

Pool schedule subject to change.

## SUNDAYS

8:00 AM – 12:30 PM | Men's Adult Swim, ages 16+

11:00 AM – 12:30 PM | Men's Open Swim & Father/Child Co-ed Swim (girls must be 6 and under)

\*Note: Men will be using Women's Locker Room to change and must exit locker room by 1 PM, latest.

1:30 – 3:30 PM | Women's Adult Swim, ages 16+

3:30 – 6:25 PM | Women's Open Swim & Mother/Child Co-ed Swim (boys must be 6 and under)

## MONDAYS & WEDNESDAYS

6:30 – 8:30 AM | Men's Adult Swim, ages 16+

\*Note: Men will be using Women's Locker Room to change and must exit locker room by 9 AM, latest.

9:30 AM – 12:55 PM | Women's Adult Swim, ages 16+

12:00 – 12:45 PM | Women's Water Exercise Class

1:00 – 5:00 PM | Reserved for Instructional Swim, School Rentals

5:30 – 7:00 PM | Men's Adult Swim, ages 16+

7:00 – 8:00 PM | Men's Open Swim & Father/Child Co-ed Swim (girls must be 6 and under)

8:00 – 9:45 PM | Men's Adult Swim, ages 16+

## TUESDAYS & THURSDAYS

6:30 – 8:30 AM | Men's Adult Swim, ages 16+

\*Note: Men will be using Women's Locker Room to change and must exit locker room by 9 AM, latest.

9:30 AM – 12:55 PM | Women's Adult Swim, ages 16+

1:00 – 5:00 PM | Reserved for Instructional Swim, School Rentals

5:30 – 7:00 PM | Women's Adult Swim, ages 16+

7:00 – 8:00 PM | Women's Open Swim & Mother/Child Co-ed Swim  
(boys must be 6 and under)

8:00 – 9:30 PM | Women's Adult Swim, ages 16+

Co-ed Swim: ages 6 and under  
Adult Swim: ages 16+  
**KEY** Open Swim: any age

## FRIDAYS

6:30 – 8:30 AM | Men's Adult Swim, ages 16+

\*Note: Men will be using Women's Locker Room to change and must exit locker room by 9 AM, latest.

9:30 AM – 12:30 PM | Women's Adult Swim, ages 16+

1:00 PM – Closing | Reserved for Instructional Swim

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## SATURDAY NIGHTS

Closed seasonally

## CHILD SWIM INFO

• **ADULT SWIM** is reserved for those aged 16+ (and for swimming laps, only) – barring holiday exceptions.

• **CHILDREN AGES 10 AND OLDER** are permitted to swim unattended during select times during Open Swim, provided that they know how to swim on their own.

**GIRLS (ages 10+)** | SUN, 3:30–6:25 PM, TUE & THURS, 7:00–8:00 PM

**BOYS (ages 10+)** | SUN, 11 AM–12:30 PM, MON & WED, 7:00–8:00 PM

• **CHILDREN AGES 9 & YOUNGER** must swim with an adult at all times. See schedule for times.

Parent/Child Co-ed Swim

+ Children must be 6 years old and under to qualify for co-ed swim.

+ Children ages 3 and older of the opposite sex can change in the Family Changing Room, ONLY.

There is no changing in the sauna or on the pool deck.

No food or drinks  
on pool deck.  
Street shoes of any kind  
forbidden in the pool area.  
Strictly enforced.

Failure to follow all pool rules may lead  
to a suspension of member privileges.  
The Center reserves the right to one  
lane, at any time, for swim instruction.

