

Fitness Center Teen Safety Course Application



To apply for the Teen Safety Course please complete the following:

Members current age: I'm currently 15 years old I'm currently 14 years old

Full Name:

Cell Phone Number:

Member No.

Address:

Name of High School Currently Attending:

Please State Which Days & Times You Would Prefer To Train:

Date Of Birth: __ / __ / ____

Days: _____, _____, _____

Time: _____, _____, _____

Parent Name:

Emergency Contact : Name:

Phone Number:

In a few sentences, please state why you are interested in our Fitness Center and why we should grant you permission to use the facility before you turn 16.

IMPORTANT: If your application is approved and you are given permission to use the fitness center, you agree to follow the rules. Failure to do so will result in having your teen safety approval revoked and use of the gym suspended.

1. You follow the rules of the fitness center.
2. You agree to work hard and truly attempt to improve your health and lifestyle.
3. You agree to abide by our code of conduct and treat staff with respect.
4. You ensure that you will return all your weights once you are done with it.
5. You agree to never sneak in any friends that haven't completed the course and are underage.

Parents' Signature: _____

Signature: _____