



# SUMMER '22 POOL SCHEDULE

Effective June 27 - August 17, 2022

## MONDAYS & WEDNESDAYS

6:30 AM – 8:20 AM | Men's Adult Swim, ages 16+

8:30 AM – 9:45 AM | Women's Adult Swim, ages 16+

10 AM – 4 PM | Pool and Locker Rooms Reserved for Day Camp

4 PM – 6 PM | Pool Reserved for Private Swimming Lessons

6 PM – 10 PM | Men's Swim

6 PM – 7 PM | Men's Adult Swim, ages 16+

7 PM - 9 PM | Father/Child and Co-ed Swim (girls must be 6 and under)

9 PM - 10 PM | Men's Adult Swim, ages 16+

## TUESDAYS & THURSDAYS

6:30 AM – 8:20 AM | Men's Adult Swim, ages 16+

8:30 AM – 9:45 AM | Women's Adult Swim, ages 16+

10 AM – 4 PM | Pool and Locker Rooms Reserved for Day Camp

4 PM – 6 PM | Pool Reserved for Private Swimming Lessons

6 PM – 10 PM | Women's Swim

6 PM – 7 PM | Women's Adult Swim, ages 16+

7 PM - 9 PM | Mother/Child and Co-ed Swim (boys must be 6 and under)

9 PM - 10 PM | Women's Adult Swim, ages 16+

## FRIDAYS

6:30 AM – 8:20 AM | Men's Adult Swim, ages 16+

8:30 AM – 9:45 AM | Women's Adult Swim, ages 16+

10 AM – 2 PM | Pool and Locker Rooms Reserved for Day Camp

2 PM – 3 PM | Pool Reserved for Private Swimming Lessons

## SATURDAY NIGHTS

Closed seasonally | Reopens on Saturday nights mid-fall 2022

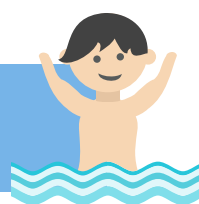
## SUNDAYS

Closed seasonally | Reopens on Sundays in September 2022



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## MORE INFO



No food or drinks on pool deck. Street shoes of any kind are forbidden in the pool area.

- **LOCKER ROOMS** are used exclusively by our day camp (and off limits to adult members), June 27 to August 17: Mondays - Thursdays, 10 AM to 4 PM and Fridays, 10 AM to 2 PM
- **ADULT SWIM** is reserved for those aged 16+ (and for swimming laps, only).
- **CHILDREN AGES 10 AND OLDER** are permitted to swim unattended during select times during Adult Swim, provided that they know how to swim on their own.
- **CHILDREN AGES 9 & YOUNGER** must swim with an adult at all times. See schedule for times.
  - Parent/Child Co-ed Swim
  - + Children must be 6 years old and under to qualify for co-ed swim.
  - + Children ages 3 and older of the opposite sex can change in the Family Changing Room, only.
  - + Heads up: There is no changing in the sauna or on the pool deck.



The Center reserves the right to one lane, at any time, for private swim instruction.