

# CENTER STRONG

SEPHARDIC COMMUNITY CENTER

## Fitness Center Teen Safety Course Application

Member No.

Members must be 15 years of age to apply for the teen safety course.

Full Name:

Cell Phone Number:

Email Address:

Address:

Name of High School Currently Attending:

Please State Which Days & Times You Would Prefer To Train:

Date Of Birth: \_\_ / \_\_ / \_\_\_\_

Days: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Time: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Parent Name:

Emergency Contact : Name:

Phone Number:

Parent Email:

In a few sentences, please state why you are interested in our Fitness Center and why we should grant you permission to use the facility before you turn 16.

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**IMPORTANT:** If your application is approved and you are given permission to use the fitness center, you agree to follow the rules. Failure to do so will result in having your teen safety approval revoked and use of the gym suspended.

1. You follow the rules of the fitness center.
2. You agree to work hard and truly attempt to improve your health and lifestyle.
3. You agree to abide by our code of conduct and treat staff with respect.
4. You ensure that you will return all your weights once you are done with it.
5. You agree to never sneak in any friends that haven't completed the course and are underage.

Parents' Signature: \_\_\_\_\_

Signature: \_\_\_\_\_