



SUMMER POOL SCHEDULE

JUNE 29 to AUGUST 20, 2026

MONDAYS & WEDNESDAYS

6:30 AM – 8:20 AM | Men's Adult Swim, ages 16+
8:30 AM – 9:45 AM | Women's Adult Swim, ages 16+
10 AM – 4 PM | Pool and Locker Rooms Reserved for Day Camp
4 PM – 6 PM | Pool Reserved for Private Swimming Lessons
6 PM – 10 PM | Men's Swim
6 PM – 7 PM | Men's Adult Swim, ages 16+
7 PM – 9 PM | Father/Child and Co-ed Swim (girls must be 6 and under)
9 PM – 10 PM | Men's Adult Swim, ages 16+

TUESDAYS & THURSDAYS

6:30 AM – 8:20 AM | Men's Adult Swim, ages 16+
8:30 AM – 9:45 AM | Women's Adult Swim, ages 16+
10 AM – 4 PM | Pool and Locker Rooms Reserved for Day Camp
4 PM – 6 PM | Pool Reserved for Private Swimming Lessons
6 PM – 9:45 PM | Women's Swim
6 PM – 7 PM | Women's Adult Swim, ages 16+
7 PM – 9 PM | Mother/Child and Co-ed Swim (boys must be 6 and under)
9 PM – 9:45 PM | Women's Adult Swim, ages 16+

FRIDAYS

6:30 AM – 8:20 AM | Men's Adult Swim, ages 16+
8:30 AM – 9:45 AM | Women's Adult Swim, ages 16+
10 AM – 2 PM | Pool and Locker Rooms Reserved for Day Camp
2 PM – 3 PM | Pool Reserved for Private Swimming Lessons

SAT & SUN

Saturday nights **Closed seasonally** | Reopens on Saturday nights early fall 2026
Sundays **Closed seasonally** | Reopens on Sundays on early fall 2026



August 21 – August 31 | Pool closed for repair and refurbishment
Tue, September 1 | Pool reopens; follows fall schedule

MORE INFO



- **ADULT SWIM** is reserved for ages 16+. Lap swim takes precedent over other forms of exercise.
- **CHILDREN AGES 10 AND OLDER** are permitted to swim unattended during select times during Open Swim, provided that they know how to swim on their own.
- **CHILDREN AGES 9 & YOUNGER** must swim with an adult at all times. See schedule for times.
Parent/Child Co-ed Swim
 - + Children must be 6 years old and under to qualify for co-ed swim.
 - + Children ages 3 and older of the opposite sex can change in the Family Changing Room, only.
 - + Heads up: There is no changing in the sauna or on the pool deck.



WOMEN'S AQUA-ROBICS

A free membership perk

WEDNESDAYS,
9 AM to 9:45 AM



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No food or drinks on pool deck. Street shoes of any kind are forbidden in the pool area.



The Center reserves the right to one lane, at any time, for private swim instruction.

