

Morris & Paulette Bailey Sephardic Community Center

# 2018 FALL YOUTH PROGRAMS

Great Things Happen Here

# **Kids' Programs** FOR CHILDREN NURSERY-8<sup>TH</sup> GRADES

## WANT TO TRY A PROGRAM? PAY ONLY FOR THE DAY WITHIN THE FIRST 2 WEEKS. IF YOU DECIDE TO CONTINUE, WE WILL PUT THE PAYMENT TOWARDS THE FULL PROGRAM FEE.

For full department policies on pro-rates, refunds, arrival and dismissal procedures & locations, visit www.SCCLive.org/Youth-Services

# PROGRAM SCHEDULES

#### SUNDAY PROGRAMS

START: Oct. 7\* / END: Dec. 23 (Football starts Sept. 16)

> **NO SESSION:** Sun, Nov. 26: Thanksgiving Sun, Dec. 2: Hanukkah

FRIDAY PROGRAMS START: Oct. 5 / END: Dec. 14 NO SESSION: Fri, Nov. 23: Thanksgiving

## **BUSING INFORMATION FOR ALL PROGRAMS**

# SUNDAYS

DOOR-TO-DOOR TRANSPORTATION

Bus **TO the Center** runs for 12:30 arrival | Bus **FROM the Center** runs at 4:30 dismissal \$140 each way Busing from Manhattan is available, please call the Center.

## **FRIDAYS**

\$65 for bus from school | \$140 for door-to-door bus home

FOR CHILDREN COMING FROM FLATBUSH FOR ANY FRIDAY PROGRAMS, THEY MUST REGISTER THROUGH THE LADIES AUXILLARY.

# NURSERY

# **SUNDAYS**

## **Ultimate Sports Minis**

Nursery: 3-4 year olds

Sundavs 12:30-4:30 PM

10 sessions (beg. Oct. 7) \$475 Member discounted price: \$399 Class code: 7898 Member Early Bird: \$30 discount before Labor Day

**5** sessions: \$289 Member discount price: \$239 Code: 7912 Supervised by Gladys Mordekai. Slice of pizza included

• All Sports: Sportball<sup>®</sup> will teach different sports skills

- Martial Arts: SWANS<sup>®</sup> martial arts and fitness class
- Ninja Warrior: Obstacle course training
- Gymnastics: Tumbling, climbing, and jumping fun
- Tennis: Instruction with Sportball®
- Baking: Lead by Tina Imani

## **Ultimate Sports Juniors**

Pre-K: 4-5 year olds

12:30-4:30 PM Sundavs

10 sessions (beg. Oct. 7) \$475 Member discounted price: \$399 Class code: 7899 Member Early Bird: \$30 discount before Labor Day

**5** sessions: \$289 Member discount price: \$239 Code: 7915 Supervised by Gladys Mordekai. Slice of pizza included

- Basketball: Instruction with J'son Stamper
- All Sports: Sportball® will teach different sports skills
- Martial Arts: SWANS<sup>®</sup> martial arts and fitness class
- Ninia Warrior: Obstacle course training
- Gymnastics: Tumbling, climbing, and jumping fun

## Sporty Artsy Minis

Nursery: 3-4 year olds

Sundavs 12:30-4:30 PM

10 sessions (beg. Oct. 7) \$475 Member discounted price: \$399 Class code: 7902 Member Early Bird: \$30 discount before Labor Day

**5** sessions: \$289 Member discount price: \$239 Code: 7918 Supervised by Gladys Mordekai. Slice of pizza included

- Yoga: Lead by Atara Schwecky
- Tennis: Instruction with Sportball®
- Acro-Dance: Dance routines combined with tumbling
- Gymnastics: Tumbling, climbing, and jumping fun
- Art: Taught by Rachel Tawil

## Sporty Artsy Juniors

Pre-K: 4-5 year olds

#### 12:30-4:30 PM Sundavs

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7903 Member Early Bird: \$30 discount before Labor Day

**5** sessions: \$289 Member discount price: \$239 Code: 7919 Supervised by Gladys Mordekai. Slice of pizza included

- Yoga: Lead by Atara Schwecky
- Tennis: Instruction with Sportball®
- Acro-Dance: Dance routines combined with tumbling
- Gymnastics: Tumbling, climbing, and jumping fun
- Art: Taught by Rachel Tawil

# **WEEKDAYS**

## **Pee-Wee Yoga**

3-4 year olds

Wednesdays 3:00-4:00PM

\$300 Member discounted price: \$225

Class code: 8014

A child-friendly introduction to yoga.

# FRIDAYS

## Fridays in Action Minis

Nursery / Atidenu (Flatbush) 3-4 year olds

**Fridays** 12:45-3:00 PM 10 sessions (beg. Oct. 5) \$399 Member discounted price: \$339 Class codes: Boys: 7932 Girls: 7937

Member Early Bird: \$30 discount before Labor Day

Animals large and small teach, delight, and offer a special kind of companionship. Activities will focus on everything safari-themed with a great balance of academics, sports, making friends, and learning new skills in a fun and nurturing environment.

- Storytime Movement with SWAN<sup>®</sup> Kids
- Rhythm and Drumming with SWAN<sup>®</sup> Kids
- Boys: sports instruction with Sportball<sup>®</sup>
- Girls: Acro-Dance, a combo of dance & gymnastics

## Fridays in Action Juniors for girls

Pre-K / Nursery (Flatbush) 4-5 year olds

12:45-3:00 PM Fridays

10 sessions (beg. Oct. 5)

Member discounted price: \$339 \$399 Class code: 7933 Member Early Bird: \$30 discount before Labor Day

Girls will have an opportunity to soak up learning through activities that focus on princesses with a great balance of academics, sports, making friends and learning new skills in a fun and nurturing environment. Eshet Chayils will also be explored.

- Art: Taught by Tina Imani
- Acro-Dance: a combination of dance and gymnastics

## Fridays in Action Juniors for boys

Pre-K / Nursery (Flatbush) 4-5 year olds

12:45-3:00 PM **Fridays** 10 sessions (beg. Oct. 5)

\$399 Member discounted price: \$339 Class code: 7934 Member Early Bird: \$30 discount before Labor Day

PreK boys will be empowered while having an opportunity to soak up learning through activities that will focus on superheroes with a great balance of academics, sports, making friends and learning new skills in a fun and nurturing environment.

- Soccer League: Learn, play and compete with SWAN® Kids
- Lego: build Lego<sup>®</sup> models with Bricks 4 Kidz<sup>®</sup>

10 sessions (beg. Oct. 17)

# KINDERGARTEN

# **SUNDAYS**

## **Ultimate Sports**

Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7900 Member Early Bird: \$30 discount before Labor Day

### 5 sessions:

\$289 Member discounted price: \$239 Class code: 7916 Supervised by Gladys Mordekai

- Basketball: Instruction with J'son Stamper
- All Sports: Sportball® will teach different sports skills
- Martial Arts: SWANS® martial arts and fitness class
- Ninja Warrior: Obstacle course training in our brand new Ninja Warrior<sup>®</sup> room
- 3 trips: Trolls the Experience, Kidz Village, Broadway Show
- Slice of pizza included

## Learn To Play Roller Hockey

Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted price: \$399 Class code: 7893 Member Early Bird: \$30 discount before Labor Day

Evan Bailey directs an instructional program, including skate practice, skill-building drills, and scrimmage games. Program runs at Bergen Beach Roller Rink, 2335 Bergen Ave. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included. Combine with The Center Ballers Basketball League for a full Sunday of Center programming.

## Build It!

#### Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted price: \$399 C

\$475 Member discounted price: \$399 Class code: 7901 Member Early Bird: \$30 discount before Labor Day

5 sessions: \$289 Member discounted price: \$239 Class code: 7917 Supervised by Gladys Mordekai

- Lego Workshop: Learn, build, and play with LEGO<sup>®</sup> bricks. Take home sets every week.
- Woodshop: Take home models every week
- All Sports: Sportball® will teach different sports skills
- Martial Arts: SWANS<sup>®</sup> martial arts and fitness class
- Ninja Warrior: Obstacle course training in our brand new Ninja Warrior<sup>®</sup> room

## **Sporty Artsy Juniors**

#### Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7904 Member Early Bird: \$30 discount before Labor Day

#### 5 sessions: \$289 Member discounted price: \$239

Class code: 7920

- Supervised by Gladys Mordekai
- Yoga: Lead by Atara Schwecky
- Tennis: Instruction with Sportball®
- Acro-Dance: Joan Dominguez will teach dance routines that combine with tumbling moves.
- Gymnastics: Tumbling, climbing, and jumping fun
- Baking: Lead by Tina Imani
- 3 trips: Trolls the Experience, Kidz Village, Broadway Show
- Slice of pizza included

# **FRIDAYS**

#### Fridays in Action for boys

#### Fridays 12:45-3:00 PM

10 sessions (beg. Oct. 5)

\$399 Member discounted price: \$339 Class code: 7935 Member Early Bird: \$30 discount before Labor Day

Focus on balancing athletics and academics to help maintain mental, physical and emotional health.

- Soccer League: Learn, play and compete with SWAN® Kids
- 5 weeks of model airplanes with Hobbyquest®
- 5 weeks of Mad Science<sup>®</sup>

#### Fridays in Action for girls Fridays 12:45-3:00 PM

10 sessions (beg. Oct. 5)

#### \$399 Member discounted price: \$339 Class code: 7936 Member Early Bird: \$30 discount before Labor Day

Participating in dance and creativity fosters mental, physical and emotional health.

- Art: Taught by Tina Imani
- Acro-Dance: a combination of dance and gymnastics

# **1<sup>ST</sup> GRADE**

# **SUNDAYS**

### Build It!

#### Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7901 Member Early Bird: \$30 discount before Labor Day

5 sessions:

\$289 Member discounted price: \$239 Class code: 7917 Supervised by Gladys Mordekai

- Lego Workshop: Learn, build, and play with LEGO<sup>®</sup> bricks. Take home sets every week.
- Woodshop: Take home models every week
- All Sports: Sportball<sup>®</sup> will teach different sports skills
- Martial Arts: SWANS<sup>®</sup> martial arts and fitness class
- *Ninja Warrior:* Obstacle course training in our brand new Ninja Warrior<sup>®</sup> room

## Gridiron Elite Flag Football League

Sundays 12:30-4:30 PM

#### 8 sessions (beg. Sept. 16)

\$465 Member discounted price: \$389 Class code: 7878 Aaron Shasha partnering with NFL Play 60<sup>®</sup> leads top-level football leagues with real refs, real coaches, and real jerseys, on real turf fields at Aviator Sports Center.

+ Add 3 trips in Dec: \$140 Class code: 7884

- Launch Trampoline Park
- Funtopia
- Basketball or Hockey game

## Learn To Play Roller Hockey

Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted price: \$399 Class code: 7893 **Member Early Bird: \$30 discount before Labor Day** 

Evan Bailey directs an instructional program, including skate practice, skill-building drills, and scrimmage games. Program runs at Bergen Beach Roller Rink, 2335 Bergen Ave. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included. Combine with The Center Ballers Basketball League for a

full Sunday of Center programming.

## Sporty & Artsy Combo

Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted p

\$475 Member discounted price: \$399 Class code: 7905 Member Early Bird: \$30 discount before Labor Day

**5 sessions:** \$289 Member discounted price: \$239

Class code: 7921

- Yoga: Lead by Atara Schwecky
- Tennis: Instruction with Sportball®
- Acro-Dance: Joan Dominguez will teach dance routines that combine with tumbling moves.
- Gymnastics: Tumbling, climbing, and jumping fun
- Art: Taught by Rachel Tawil

## **Action Club**

#### Sundays 12:30-4:30 PM

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants

**10 sessions (beg. Oct. 7)** \$575 Member discounted price: \$499 Class code: Boys: 7870 Girls: 7871

#### Member Early Bird: \$30 discount before Labor Day

Trips only, 6 weeks:

\$429 Member discounted price: \$379 Class code: 7909 4 in-house weeks and 6 trips will include (subject to change based on availability):

- Funtopia Amusement Center
- Trolls, the Experience
- RollerJam
- Dave & Busters
- Launch Trampoline Park
- Broadway Show: Anastasia

**FRIDAYS** 

### **Basketball Jumpshots**

Fridays 2:00-3:00 PM 10 sessions (beg. Oct. 5)

\$335 Member discounted price: \$259 Class code: 7931 Member Early Bird: \$30 discount before Labor Day

Basketball instruction directed by J'son Stamper. Focus on fundamental skills of footwork, dribbling & passing.

#### Center Ninja Warriors Fridays 2:00-3:00 PM

10 sessions (beg. Oct. 5)

\$335 Member discounted price: \$259 Class code: 7952 Member Early Bird: \$30 discount before Labor Day Obstacle-course training in our brand new Ninja Warrior<sup>®</sup>

room with a real ninja warrior from SWAN® Kids.

# 2<sup>ND</sup> GRADE

## **SUNDAYS**

#### David Pardo Center Ballers Basketball League Sundays 9:00 AM

7 sessions (beg. Oct. 7)

\$335 Member discounted price: \$259 Class code: 7887 Full-court competitive league, with real uniforms, real refs, and real scoreboards, plus Dad coaches. 8th week is the championship game.

Combine with Gridiron Elite Football, Roller Hockey, or Action Club, for a full Sunday of Center programming.

## **Gridiron Elite Flag Football League**

Sundays 12:30-4:30 PM

8 sessions (beg. Sept. 16)

\$465 Member discounted price: \$389 Class code: 7879 Aaron Shasha partnering with NFL Play 60<sup>®</sup> leads top-level football leagues with real refs, real coaches, and real jerseys, on real turf fields at Aviator Sports Center.

Class code: 7884

- + Add 3 trips in Dec.: \$140
- Launch Trampoline Park
- Funtopia

• Basketball or Hockey game

Combine with The Center Ballers for a full Sunday of Center programming.

## Learn To Play Roller Hockey

Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7893 Member Early Bird: \$30 discount before Labor Day

**Evan Bailey directs an instructional program, including skate practice, skill-building drills, and scrimmage games.** *Program runs at Bergen Beach Roller Rink, 2335 Bergen Ave. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included.* **Combine with The Center Ballers Basketball League for a full Sunday of Center programming.** 

### Action Club

#### Sundays 12:30-4:30 PM

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants

**10 sessions (beg. Oct. 7)** \$575 Member discounted price: \$499 Class code: Boys: 7870 Girls: 7871

#### Member Early Bird: \$30 discount before Labor Day

Trips only, 6 weeks:

\$429 Member discounted price: \$379 Class code: 7909

4 in-house weeks and 6 trips will include (subject to change based on availability):

- Funtopia Amusement Center
- Trolls, the Experience
- RollerJam
- Dave & Busters
- Launch Trampoline Park
- Broadway Show: Anastasia

## Sporty & Artsy Combo

Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted price

\$475 Member discounted price: \$399 Class code: 7906 Member Early Bird: \$30 discount before Labor Day

5 sessions:

- \$289 Member discounted price: \$239
- Class code: 7922
- Yoga: Lead by Atara Schwecky
- Tennis: Instruction with Sportball®
- Acro-Dance: Joan Dominguez will teach dance routines that combine with tumbling moves.
- Gymnastics: Tumbling, climbing, and jumping fun
- Art: Taught by Rachel Tawil

# **FRIDAYS**

### **Center Ninja Warriors**

Fridays 2:00-3:00 PM

10 sessions (beg. Oct. 5)

\$335 Member discounted price: \$259 Class code: 7952 Member Early Bird: \$30 discount before Labor Day Obstacle-course training in our brand new Ninja Warrior<sup>®</sup> room with a real ninja warrior from SWAN<sup>®</sup> Kids.

## UPSIDE<sup>®</sup> @ the Center

#### Open to Center Members only

**Fridays** 2:00-3:00 PM 10 sessions (beg. Oct. 5) \$200

Basketball training curated to age and skill set. Details and video highlights online: upsideball.com

#### You must register at upsideball.com

If the program is sold out, please sign up for the waitlist, as new UPSIDE® programs begin every 1-2 months.

+ \$35 for bus from school (register through the Center)

# **3<sup>RD</sup> GRADE**

## **SUNDAYS**

### David Pardo Center Ballers Basketball League

#### Sundavs 10:00 AM

7 sessions (beg. Oct. 7)

\$335 Member discounted price: \$259 Class code: 7888 Full-court competitive league, with real uniforms, real refs, and real scoreboards, plus Dad coaches. Combine with Gridiron Elite Football, Roller Hockey, or Action Club, for a full Sunday of Center programming.

## **Gridiron Elite Flag Football League**

#### Sundays 12:30-4:30 PM

#### 8 sessions (beg. Sept. 16)

\$465 Member discounted price: \$389 Class code: 7880 Aaron Shasha, partnering with NFL Play 60<sup>®</sup>, leads top-level leagues with real refs, real coaches, and real jerseys, on turf fields at Aviator Sports Center.

+ Add 3 trips in Dec: \$180 Class code: 7885

- Jets Game
- VR World: Virtual reality experiences like climbing a mountain, walking a tight rope, and tons more.
- Launch Trampoline Park: Extreme Dodgeball, Slam Dunk Basketball & Ninja Warrior Obstacle Course *Combine with The Center Ballers for a full day.*

## Action Club for Boys

#### Sundays 12:30-4:30 PM

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants

10 sessions (beg. Oct. 7)

\$575 Member discounted price: \$499 Class code: 7876 Member Early Bird: \$30 discount before Labor Day

Trips only, 7 weeks:

- \$449 Member discounted price: \$399 Class code: 7911
- 3 in-house weeks and 7 trips include (subject to change):
- Adventures at Governor's Island VR World
- Funtopia Amusement Center Dave & Busters
- Basketball or Hockey Game
- Launch Trampoline Park Broadway Show

## **FRIDAYS**

## **Center Ninja Warriors**

Fridays 2:00-3:00 PM

**10 sessions (beg. Oct. 5)** \$335 Member discounted price: \$259 Class code: 7952 **Member Early Bird: \$30 discount before Labor Day** 

Obstacle-course training in our brand new Ninja Warrior<sup>®</sup> room with a real ninja warrior from SWAN<sup>®</sup> Kids.

## **Basketball Academy for Girls**

Fridays 2:00-3:00 PM 10 sessions (beg. Oct. 5) \$335 Member discounted price: \$259 Class code: 7944 Member Early Bird: \$30 discount before Labor Day Instruction and league directed by Michelle Kassab.

## Sporty & Artsy Combo

### Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted price: \$399

Member Early Bird: \$30 discount before Labor Day 5 sessions:

- \$289 Member discounted price: \$239 Cla
- Basketball: Instruction with Michelle Kassab
- Ninja Warrior: Obstacle course training
- Gymnastics: Tumbling, climbing, and jumping fun
- Art: Taught by Rachel Tawil
- Baking: Lead by Tina Imani

## **Roller Hockey**

Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7894 Member Early Bird: \$30 discount before Labor Day

Elliot Djmal & Michael Shammah direct an instructional program, including skill-building drills, and league games. Program runs at Bergen Beach Roller Rink, 2335 Bergen Ave. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included. Combine with The Center Ballers for a full day.

## Action Club for Girls

Sundays12:30-4:30 PM(Trip day arrival & dismissal times will vary based on trip)Door-to-door busing not available for Action Club registrants

#### 10 sessions (beg. Oct. 7)

#### \$575 Member discounted price: \$499 Class code: 7872 Member Early Bird: \$30 discount before Labor Day

#### Trips only, 8 weeks:

- \$449 Member discounted price: \$399 Class code: 7910
- 2 in-house weeks and 8 trips include (subject to change):
- Adventures at Governor's Island
- Funtopia Amusement Center
- Dave & Busters VR World
- Pins & Needles Sewing Studiok Broadway Show
- Choplet Ceramics Studio Launch Trampoline Park

## UPSIDE<sup>®</sup> @ the Center

#### **Open to Center Members only**

**Fridays** 2:00-3:00 PM 10 sessions (beg. Oct. 5) \$200

Basketball training curated to age and skill set. Details and video highlights online: upsideball.com

#### You must register at upsideball.com

If the program is sold out, please sign up for the waitlist, as new UPSIDE® programs begin every 1-2 months.

+ \$35 for bus from school (register through the Center)

ice: \$239 Class code: 7923

Class code: 7907

# 4<sup>TH</sup> GRADE

## **SUNDAYS**

#### David Pardo Center Ballers Basketball League Sundays 11:00 AM

7 sessions (beg. Oct. 7)

\$335 Member discounted price: \$259 Class code: 7889 Full-court competitive league, with real uniforms, real refs, and real scoreboards, plus Dad coaches. 8th week is the championship game.

Combine with Gridiron Elite Football, Roller Hockey, or Action Club, for a full Sunday of Center programming.

## **Gridiron Elite Flag Football League**

Sundays 12:30-4:30 PM

#### 8 sessions (beg. Sept. 16)

\$465 Member discounted price: \$389 Class code: 7880 Aaron Shasha, partnering with NFL Play 60<sup>®</sup>, leads top-level leagues with real refs, real coaches, and real jerseys, on turf fields at Aviator Sports Center.

+ Add 3 trips: Dec. 9, 16, 23

- \$180 Class code: 7885
- Jets Game
- VR World: Over 50 virtual reality experiences like climbing a mountain, walking a tight rope, and tons more games.
- Launch Trampoline Park: Extreme Dodgeball, Slam Dunk Basketball & Ninja Warrior Obstacle Course

Combine with The Center Ballers for a full Sunday of Center programming.

## **Roller Hockey**

#### Sundays 12:30-4:30 PM

**10 sessions (beg. Oct. 7)** \$475 Member discounted priv

\$475 Member discounted price: \$399 Class code: 7894 Member Early Bird: \$30 discount before Labor Day

Elliot Djmal & Michael Shammah direct an instructional program, including skill-building drills, and league games. Program runs at Bergen Beach Roller Rink, 2335 Bergen Ave. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included. Combine with The Center Ballers Basketball League for a full Sunday of Center programming.

## Sporty & Artsy Combo

Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7907 Member Early Bird: \$30 discount before Labor Day

- **5 sessions:** \$289 Member discounted price: \$239 Class code: 7923
- Basketball: Instruction with Michelle Kassab
- Ninja Warrior: Obstacle course training
- Gymnastics: Tumbling, climbing, and jumping fun
- Art: Taught by Rachel Tawil
- Baking: Lead by Tina Imani

## Action Club for Girls

Sundays12:30-4:30 PM(Trip day arrival & dismissal times will vary based on trip)Door-to-door busing not available for Action Club registrants

10 sessions (beg. Oct. 7)

\$575 Member discounted price: \$499 Class code: 7872 Member Early Bird: \$30 discount before Labor Day

Trips only, 8 weeks:\$449Member discounted price: \$399Class code: 7910

- 2 in-house weeks and 8 trips include (subject to change):
- Adventures at Governor's Island
   VR World
- Funtopia Amusement Center Dave & Busters
- Pins & Needles Sewing Studio
- Choplet Ceramics Studio
- Launch Trampoline Park Broadway Show

## Action Club for Boys

Sundays 12:30-4:30 PM (Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants

**10 sessions (beg. Oct. 7)** \$575 Member discounted price: \$499 Class code: 7876

Member Early Bird: \$30 discount before Labor Day

Trips only, 7 weeks:\$449Member discounted price: \$399Class code: 7911

- 3 in-house weeks and 7 trips include (subject to change):
- Adventures at Governor's Island
   VR World
- Funtopia Amusement Center Dave & Busters
- Basketball or Hockey Game
- Launch Trampoline Park Broadway Show

# **FRIDAYS**

### UPSIDE<sup>®</sup> @ the Center

Open to Center Members only

Fridays 2:00-3:00 PM

10 sessions (beg. Oct. 5) \$200 Basketball training curated to age and skill set. Details and video highlights online: upsideball.com

#### You must register at upsideball.com

If the program is sold out, please sign up for the waitlist, as new UPSIDE® programs begin every 1-2 months. + \$35 for bus from school (register through the Center)

#### Basketball Academy for Girls Fridays 2:00-3:00 PM

Fridays 2:00-3:00 PM 10 sessions (beg. Oct. 5)

\$335 Member discounted price: \$259 Class code: 7944 Member Early Bird: \$30 discount before Labor Day

Basketball instruction and league directed by Michelle Kassab.

# TH GRADE

## **SUNDAYS**

### **David Pardo Center Ballers Basketball League**

Sundays 10:45 AM/11:45 AM

7 sessions (beg. Oct. 7) + Championship game \$335 Member discounted price: \$259 Class code: 7890 Full-court competitive league, with real uniforms, real refs, and real scoreboards, plus Dad coaches. Combine with Gridiron Elite Football, Roller Hockey, or Action Club, for a full Sunday of Center programming.

## Ice Hockey League

Sunday nights

Time TBD 8 sessions

Member discounted price: \$575 \$650 Class code: 7896 Member Early Bird: \$30 discount before Labor Day

Evan Bailey, Elliot Dimal, and Stephen Esses "Bapo" direct this league at Aviator ice rink.

Equipment required: ice skates, shin guards, hockey socks, cup, hockey shorts, shoulder pads, elbow pads, hockey gloves, neck guard, helmet with full face protection, and stick. Jersey included.

+ Combine with Roller Hockey for \$799

## **Roller Hockey**

12:30-4:30 PM Sundays

10 sessions (beg. Oct. 7)

Member discounted price: \$399 \$475 Class code: 7894 Member Early Bird: \$30 discount before Labor Day

Elliot Djmal & Michael Shammah direct an instructional program, including skill-building drills, and league games. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included. Combine with The Center Ballers for a full Sunday.

## Sporty & Artsy Combo

12:30-4:30 PM Sundays 10 sessions (beg. Oct. 7) \$475 Member discounted price: \$399 Class code: 7908 Member Early Bird: \$30 discount before Labor Day 5 sessions:

- Member discounted price: \$239 Class code: 7924 \$289
- Basketball + All Sports: with Michelle Kassab
- Basketball League: Run by J'son Stamper
- Ninja Warrior: Obstacle course training
- Art: Taught by Rachel Tawil

# FRIDAYS

## **UPSIDE®** @ the Center

**Open to Center Members only** 

2:00-3:00 PM **Fridays** 10 sessions (beg. Oct. 5)

\$200 Basketball training curated to age and skill set. Details and video highlights online: upsideball.com

#### You must register at upsideball.com

If the program is sold out, please sign up for the waitlist, as new UPSIDE<sup>®</sup> programs begin every 1-2 months. + \$35 for bus from school (register through the Center)

## Action Club for Girls

#### Sundays 12:30-4:30 PM

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants 10 sessions (beg. Oct. 7)

#### Member discounted price: \$499 \$575

Class code: 7875 Member Early Bird: \$30 discount before Labor Day

Trips only, 8 weeks:

- \$449 Member discounted price: \$399 Class code: 7910
- 2 in-house weeks and 8 trips include (subject to change):

• Dave & Busters

- Adventures at Governor's Island VR World
- Funtopia Amusement Center
- Pins & Needles Sewing Studio
- Choplet Ceramics Studio
- Launch Trampoline Park Broadway Show

## Action Club for Boys

Sundavs 12:30-4:30 PM

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants

#### 10 sessions (beg. Oct. 7)

\$575 Member discounted price: \$499 Class code: 7877 Member Early Bird: \$30 discount before Labor Day

Trips only. 7 weeks:

\$449 Member discounted price: \$399 Class code: 7911

- 3 in-house weeks and 7 trips include (subject to change):
- Adventures at Governor's Island VR World
- Funtopia Amusement Center • Dave & Busters
- Basketball or Hockey Game
- Launch Trampoline Park Broadway Show

#### **Gridiron Elite Flag Football League** 12:30-4:30 PM Sundavs

8 sessions (beg. Sept. 16)

\$465 Member discounted price: \$389 Class code: 7880 Aaron Shasha, partnering with NFL Play 60®, leads top-level leagues with real refs, real coaches, and real jerseys, on turf fields at Aviator Sports Center.

+ Add 3 trips in Dec: \$180 Class code: 7885

- Jets Game
- VR World: Virtual reality experiences
- Launch Trampoline Park: Extreme Dodgeball, Slam Dunk Basketball & Ninja Warrior Obstacle Course Combine with The Center Ballers for a full Sunday.

#### **Basketball Academy for Girls** 2:00-3:00 PM Fridays

10 sessions (beg. Oct. 5)

\$335 Member discounted price: \$259 Class code: 7944 Member Early Bird: \$30 discount before Labor Day

Basketball instruction and league directed by Michelle Kassab.

# 6<sup>TH</sup> GRADE

## **SUNDAYS**

## **David Pardo Center Ballers Basketball League**

Sundays 10:45 AM/11:45 AM 7 sessions (beg. Oct. 7) + Championship game Member discounted price: \$259 Class code: 7891 \$335 Full-court competitive league, with real uniforms, real refs, and real scoreboards, plus Dad coaches. Combine with Gridiron Elite Football. Roller Hockey, or Action Club, for a full Sunday of Center programming.

## **Roller Hockey**

Sundavs 12:30-4:30 PM

10 sessions (beg. Oct. 7)

\$475 Member discounted price: \$399 Class code: 7894 Member Early Bird: \$30 discount before Labor Day

Elliot Djmal & Michael Shammah direct an instructional program, including skill-building drills, and league games. Equipment required: rollerblades, shin guards, elbow pads, hockey gloves, helmet with full face protection, and stick. Jersey included. Combine with The Center Ballers for a full Sunday.

## Ice Hockey League

Sunday nights **Time TBD** 8 sessions Member discounted price: \$575 \$650 Class code: 7896 Member Early Bird: \$30 discount before Labor Day

Evan Bailey, Elliot Dimal, and Stephen Esses "Bapo" direct this league at Aviator ice rink.

Equipment required: ice skates, shin guards, hockey socks, cup, hockey shorts, shoulder pads, elbow pads, hockey gloves, neck guard, helmet with full face protection, and stick. Jersey included.

+ Combine with Roller Hockey for \$799

## Sporty & Artsy Combo

Sundays 12:30-4:30 PM

10 sessions (beg. Oct. 7) \$475 Member discounted price: \$399 Class code: 7908 Member Early Bird: \$30 discount before Labor Day

- 5 sessions:
- \$289 Member discounted price: \$239 Class code: 7924
- Basketball + All Sports: with Michelle Kassab
- Basketball League: Run by J'son Stamper
- Ninja Warrior: Obstacle course training
- Art: Taught by Rachel Tawil

# **FRIDAYS**

## UPSIDE<sup>®</sup> @ the Center

- **Open to Center Members only Fridays** 2:00-3:00 PM
  - 10 sessions (beg. Oct. 5)

\$200 Basketball training curated to age and skill set. Details and video highlights online: upsideball.com

#### You must register at upsideball.com

If the program is sold out, please sign up for the waitlist, as new UPSIDE<sup>®</sup> programs begin every 1-2 months.

+ \$35 for bus from school (register through the Center)

## Action Club for Girls

#### 12:30-4:30 PM Sundays

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants 10 sessions (beg. Oct. 7)

Member discounted price: \$499 \$575 Class code: 7875 Member Early Bird: \$30 discount before Labor Day

Trips only, 8 weeks:

- \$449 Member discounted price: \$399 Class code: 7910
- 2 in-house weeks and 8 trips include (subject to change):
- Adventures at Governor's Island VR World • Dave & Busters
- Funtopia Amusement Center
- Pins & Needles Sewing Studio
- Choplet Ceramics Studio
- Launch Trampoline Park Broadway Show

## Action Club for Boys

#### Sundavs 12:30-4:30 PM

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants

### 10 sessions (beg. Oct. 7)

- Member discounted price: \$499 \$575 Member Early Bird: \$30 discount before Labor Day
  - Trips only. 7 weeks: \$449 Member discounted price: \$399
- 3 in-house weeks and 7 trips include (subject to change):
- Adventures at Governor's Island
- Funtopia Amusement Center
- Basketball or Hockey Game
- Launch Trampoline Park Broadway Show

## **Gridiron Elite Flag Football League**

12:30-4:30 PM Sundays

8 sessions (beg. Sept. 16)

Member discounted price: \$389 Class code: 7880 \$465 Aaron Shasha, partnering with NFL Play 60<sup>®</sup>, leads top-level leagues with real refs, real coaches, and real jerseys, on turf fields at Aviator Sports Center.

+ Add 3 trips in Dec: \$180 Class code: 7885

- Jets Game
- VR World: Virtual reality experiences
- Launch Trampoline Park: Extreme Dodgeball, Slam Dunk Basketball & Ninja Warrior Obstacle Course

Combine with The Center Ballers for a full Sunday.

## **Basketball Academy for Girls**

2:00-3:00 PM **Fridays** 10 sessions (beg. Oct. 5) Member discounted price: \$259 Class code: 7944 \$335 Member Early Bird: \$30 discount before Labor Day

Basketball instruction and league directed by Michelle Kassab.

CHILDREN'S PROGRAMS

## Class code: 7877

- Class code: 7911
- - Dave & Busters

- VR World

# 7<sup>TH</sup> & 8<sup>TH</sup> GRADES

# **SUNDAYS**

## Sporty & Artsy Combo

7th grade only Sundays 12:30-4:30 PM 10 sessions (beg. Oct. 7) \$475 Member discounted price: \$399 Class code: 7908

Member Early Bird: \$30 discount before Labor Day 5 sessions:

\$289 Member discounted price: \$239 Class code: 7924

- Basketball: Instruction with Michelle Kassab
- Basketball League: Run by J'son Stamper
- All Sports: Michelle Kassab will teach different sports skills
- *Ninja Warrior*: Obstacle course training in our brand new Ninja Warrior<sup>®</sup> room
- Art: Taught by Rachel Tawil

## Gridiron Elite Flag Football League

Sundays 12:30-4:30 PM

#### 8 sessions (beg. Sept. 16)

\$465 Member discounted price: \$389 Class code: 7953 Aaron Shasha, partnering with NFL Play 60<sup>®</sup>, leads top-level leagues with real refs, real coaches, and real jerseys, on turf fields at Aviator Sports Center.

- + Add 3 trips in Dec: \$180 Class code: 7954
- Jets Game
- VR World: Virtual reality experiences like climbing a mountain, walking a tight rope, and tons more.
- Launch Trampoline Park: Extreme Dodgeball, Slam Dunk Basketball & Ninja Warrior Obstacle Course Combine with The Center Ballers for a full Sunday.

## Ice Hockey League

#### Sunday nights Time TBD

8 sessions

\$650 Member discounted price: \$575 Class code: 7896 Member Early Bird: \$30 discount before Labor Day

# Evan Bailey, Elliot Djmal, and Stephen Esses "Bapo" direct this league at Aviator ice rink.

Equipment required: ice skates, shin guards, hockey socks, cup, hockey shorts, shoulder pads, elbow pads, hockey gloves, neck guard, helmet with full face protection, and stick. Jersey included.

+ Combine with Roller Hockey for \$799

# FRIDAYS

### David Pardo Center Ballers Basketball League Saturday Nights

#### **7th grade: 7:00-8:00 PM** *Class codes: Boys: 7957 Girls: 7959*

8th grade: 8:00-9:00 PM Class codes: Boys: 7958 Girls: 7960

**8 sessions (beg. Oct. 7)** \$33

\$335 Member discounted price: \$259

# What are you doing on Saturday night? Hanging with friends, eating Fuji Hana, playing video games? You can do all of that at the Center and play in a serious basketball league. Order in Fuji Hana, play video games in our game lounge, hang with friends, and play in our competitive full-court league with real uniforms, refs, and scoreboards.

## **Roller Hockey League**

Sundays 12:30-4:30 PM

8 sessions (beg. Sept. 16)

\$399 Member discounted price: \$325 Class code: 7895 Member Early Bird: \$30 discount before Labor Day

Stephen Esses "Bapo" coaches our teams in competitive play on a real hockey rink with scoreboard and microphone announcer.

Program runs at Ft. Hamilton Roller Rink, 5200 Ft. Hamilton Pkwy Equipment required: rollerblades, hockey stick, gloves, helmet, elbow and shin guards. Jersey included.

+ Combine with Ice Hockey for \$799

- + Add 3 trips: Dec. 9, 16, 23 \$180 Class code: 7897
- Rangers Game
- VR World: Virtual reality experiences like climbing a mountain, walking a tight rope, and tons more.
- Indoor Extreme Sports: Extreme laser tag, indoor paintball, and archery tag.

## **Action Club**

#### Sundays Times depend on trips

(Trip day arrival & dismissal times will vary based on trip) Door-to-door busing not available for Action Club registrants **10 sessions (beg. Oct. 7)** 

\$599 Member discounted price: \$525 Class code: 7955 Member Early Bird: \$30 discount before Labor Day

8 trips will include (subject to change based on availability):

- Escape the Room
- Indoor Extreme Sports: Extreme laser tag, indoor paintball, and archery tag.
- Dave & Busters
- VR World: Virtual reality experiences like climbing a mountain, walking a tight rope, and tons more.
- Trapeze School
- Brooklyn Boulders
- Launch Trampoline Park
- Broadway Show

# **CENTER FRIDAYS AT MDY**

## Fridays in Action Minis

Nursery boys and girls (3-4 year olds)

 Fridays
 12:15-3:00pm

 10 sessions (beg. Oct. 5)
 \$339

 Class codes: Boys 7939
 Girls 7938

Member Early Bird: \$30 discount before Labor Day

Animals large and small teach, delight, and offer a special kind of companionship. For our littlest kids, activities will focus on everything themed Safari with a great balance of academics, sports, making friends and learning new skills in a fun and nurturing environment.

- Storytime Movement with SWAN<sup>®</sup> Kids
- Rhythm and Drumming with SWAN<sup>®</sup> Kids
- Boys: sports instruction with Sportball<sup>®</sup>
- Girls: Dance with Kinderdance®

## Fridays in Action Juniors for girls

Pre-K or Upper Nursery girls (4-5 year olds)

 Fridays
 12:15-3:00pm

 10 sessions (beg. Oct. 5)
 \$339

 Class codes: Boys 7939
 Girls 7938

Member Early Bird: \$30 discount before Labor Day

"Behaving like a princess is work. It's not just about looking beautiful or wearing a crown. It's more about how you are inside." Julie Andrews from the Princess Diaries PreK girls will be our little princesses while having an

opportunity to soak up learning through activities that will focus on Princesses with a great balance of academics, sports, making friends and learning new skills in a fun and nurturing environment. Eshet Chayils will also be explored.

- Art with Rachel Tawil
- Dance

## Fridays In Action Juniors for boys

Pre-K or Upper Nursery boys (4-5 year olds)

 Fridays
 12:15-3:00pm

 10 sessions (beg. Oct. 5)
 \$339

 Class codes: Boys 7939
 Girls 7938

Member Early Bird: \$30 discount before Labor Day

Boys love imitating mighty superheroes, battling the bad guys and flexing their superpowers. Pretending they're superheroes is one way for them to gain a sense of confidence and competence in a positive way. PreK boys will be empowered while having an opportunity to soak up learning through activities that will focus on superheroes with a great balance of academics, sports, making friends and learning new skills in a fun and nurturing environment.

 $\bullet$  Soccer League- boys will learn the game of soccer as they play and compete with SWAN® Kids.

• Lego- boys will learn to build Lego<sup>®</sup> models step by step with Bricks 4 Kidz<sup>®</sup>.

## Fridays in Action for boys

Kindergarten Boys (5-6 years old)

 Fridays
 12:15-3:00pm

 10 sessions (beg. Oct. 5)
 Class codes: Boys 7939
 Girls 7938

#### Member Early Bird: \$30 discount before Labor Day

Balancing athletics and academics helps to maintain mental, physical and emotional health. The Kinder Boys will have an opportunity to focus and grow in both.

\$339

• Soccer League, real games and uniforms, boys will learn the game of soccer as they play and compete with SWAN<sup>®</sup> Kids.

- 5 weeks of Model Airplanes with Hobbyquest®
- 5 weeks of Mad Science®

## Fridays in Action for girls

Kindergarten Girls (5-6 years old)

 Fridays
 12:15-3:00pm

 10 sessions (beg. Oct. 5)
 \$339

 Class codes: Boys 7939
 Girls 7938

#### Member Early Bird: \$30 discount before Labor Day

Participating in dance and creativity fosters mental, physical and emotional health. The Kinder Girls will participate in both using a Fall theme.

- Art with Rachel Tawil
- Dance

# **DANCE CLASSES**



## Nursery–Kindergarten (ages 3–6)

## Ballet with Ms. Debbie Maciel

Fridays 12:45–1:45 PM or 1:50–2:50 PM 10 sessions (beg. Oct. 5) \$290 Member discounted price: \$265 Class code: 8015 Member Early Bird: \$30 discount before Labor Day

## Hip Hop with Ms. Marie Betesh

Fridays 12:45–1:45 PM or 1:50–2:50 PM 10 sessions (beg. Oct. 5) \$290 Member discounted price: \$265 Class code: 8015 Member Early Bird: \$30 discount before Labor Day

> Take both Ballet and Hip Hop, and the second class is only \$50, for a total of \$315 for 2 classes! That's a savings of over \$200. Applies to the above classes only.

## 1st-6th grades

### Hip Hop with Ms. Helen Shalam

1st & 2nd grades

Fridays2:00-3:00 PM10 sessions (beg. in October)\$290Member discounted price: \$265Class code: 8008Member Early Bird: \$30 discount before Labor Day

## Hip Hop with Ms. Marie Betesh

3rd & 4th grades Wednesdays 5:00-6:00 PM 10 sessions (beg. in October) \$290 Member discounted price: \$265 Class code: 8010 Member Early Bird: \$30 discount before Labor Day

## Hip Hop with Ms. Marie Betesh

5th & 6th grades Wednesdays 6:00-7:00 PM 10 sessions (beg. in October) \$290 Member discounted price: \$265 Class code: 8011 Member Early Bird: \$30 discount before Labor Day

## **Dance Competition Team**

with Natalie Terzi this fall at the Center Open auditions at the Center for grades 6+ Date TBA

## We. Love. Dance.

Requests for specialized instructional dance groups, including birthday parties, may be available upon request.

Contact Carol Dery: Carol@SCCLive.org or (718) 954-3166

Follow us on Instagram for the latest @SCCExercise

# Membership

# Your Center Membership includes:

**Newly Renovated State-of-the-art Fitness Center** Featuring the latest cardio and conditioning equipment Complimentary fitness evaluation with a personal trainer Free, pop-up fitness workshops and demonstrations

## Three Full-Court Basketball Courts

## 25-Meter Heated Pool

Free swim, lap swim, and private and semi-private instructional swim Separate men's and women's hours with adjacent locker rooms

## **Racquetball Courts**

Indoor Walking/Jogging Track

Access to Rooftop Early Childhood Playground

Special Member Rates for Programs and Classes

All in a clean, safe, and convenient location





## Choose a membership that's right for you:

All rates are based on a 12-month commitment. New applicants must be sponsored by a Center member in good standing. Building fund may apply.

Family Membership, parents and children living at home\$120/month
Individual Membership, 19–64 yrs\$45/month
Youth Membership, infant-18 yrs\$25/month
Senior Couple Membership, 65 yrs +\$35/month
Senior Individual Membership, 65 yrs +\$20/month



## EARLY CHILDHOOD COMMUNIT FAMILY FAM

MEMBERSHIP \$365/year Enroll your child in our Pre-School and receive membership for the whole family.

### COMMUNITY SCHOOL FAMILY MEMBERSHIP

\$75/month If you have children in a participating community school. Requires a 12-month commitment. Open to new members only. Building fund may apply.

#### YOUNG ADULT GROUP FITNESS INDIVIDUAL MEMBERSHIP

**MEMBERSHIP SPECIALS** 

\$140/month Individual membership for 5 months + unlimited Group Fitness classes. (Fall 2018 or Spring 2019). For women 21-35 years only.

#### MEN'S LEAGUE MEMBERSHIP

\$275/year Come into the Center on the one night you play basketball.

#### **NEWLYWED SPECIAL**

Just got married? Congratulations! Our wedding gift to you is **1 year of membership** FREE.

Valid for children of current Center members in good standing.

Membership scholarships available to qualifying families. All inquiries will be kept in the strictest confidence.

## FOR MORE INFORMATION, CALL 718-627-4300

Stop by our Membership Office, or call Frieda Tawil, Director of Membership, at 718-954-3146, Frieda@SCCLive.org or Milia Shacalo, Membership Associate, at 718-954-3137, Milia@SCCLive.org

