



**PLEASE WELCOME SHIMON IBRAGIMOV,
MESSAGE THERAPIST,
TO OUR TEAM.**

SHIMON IBRAGIMOV, a seasoned massage therapist with a lifelong passion for human anatomy and injury prevention, has joined the massage staff at the SCC's Chehebar Health Spa.

Shimon first sharpened his skills while training to be a medical assistant. Shimon felt particularly drawn to medical massage, and after graduating as a medical assistant and working as a physical therapy aid, he would eventually return his focus to his true calling: massage therapy.

Shimon brings to the Center a medical background and wealth of knowledge — spread over a wide range of helpful modalities: *Swedish Massage, Therapeutic Massage, Deep Tissue Massage, Reflexology, Lymphatic Drainage Massage, and Shiatsu* (pressure points).

"My treatments are based on the prevention of disease and promotion of well-being... I couldn't imagine spending my time in any other way."

SERVICES OFFERED:

- **SWEDISH MASSAGE**
- **THERAPEUTIC MASSAGE**
- **DEEP TISSUE MASSAGE**
- **REFLEXOLOGY**
- **LYMPHATIC DRAINAGE MASSAGE**
- **SHIATSU** (*pressure points*)

**SHIMON IS CURRENTLY AVAILABLE
FOR WEEKNIGHT APPOINTMENTS.**

**TREAT YOURSELF.
YOU'RE WORTH IT.**

**FOR WEEKNIGHT MASSAGE APPOINTMENTS,
CALL SHIMON AT (347) 277-8923.**

MASSAGE RATES

Reduced rates — yet another benefit for Health Spa members.

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| • 60 MINUTES | \$85 , Health Spa members | \$100 , non-Spa members |
| • 45 MINUTES | \$65 , Health Spa members | \$80 , non-Spa members |
| • 30 MINUTES | \$50 , Health Spa members | \$65 , non-Spa members |